



Author • Executive Coach

LeeAnn Mallorie

LEEANN MALLORIE

Guts & GRACE

A WOMAN'S GUIDE TO
FULL-BODIED LEADERSHIP

*How to Lead Consciously,
Dissolve Glass Ceilings,
and Dismantle the Patriarchy Within*



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ABOUT *LEEANN*



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LeeAnn Mallorie, CEO and author of *Guts & Grace* began her career as an executive coach at 25 years old, working with leaders around the globe. She soon found something was missing—the body. Today LeeAnn brings deep feminine wisdom into business. LeeAnn believes a woman at top of her game needs to embrace her whole self: body, mind, emotions and spirit. Her book provides the roadmap.

LONG *BIO*

LeeAnn Mallorie, author and CEO of *Guts & Grace*, began her career as an executive coach in 2006, working with women leaders and teams from around the globe. Yet she soon found something was missing—the body. This led her on a personal journey of physical, mental, and spiritual healing, to eventually embrace the more feminine side of leadership. Committed to walking her talk, she brought these lessons back to her clients in the corporate, non-profit and government sectors, with surprisingly positive results.

Today, LeeAnn specializes in bringing feminine wisdom and diverse cultural values into business, as keystone to solving some of our world's stickiest problems. Her playful weaving of cutting edge science and ancient wisdom will take you on a journey of unexpected and necessary evolution—one that is required for any woman who wants to make a bigger impact without losing herself along the way. Inspired by her personal work with plant medicines, meditation, somatics, sacred voice activation, nature-based ritual and ecstatic dance, as well as deep science, her events spark creativity and innovation. Using practical embodiment tools, she helps attendees bridge the gap between the hard-driving logical mind and the deeper wisdom of the soul.

LeeAnn believes that for a woman leader to play at the top of her game, she needs to embrace her whole self: body, mind, emotions and spirit. Her book, *Guts & Grace*, is the roadmap for how to release internalized, patriarchal programming and truly bring your best self to work.

Book: <https://www.gutsandgrace.com/book>

Program site: <https://www.gutsandgrace.com/at-work>

Guts & GRACE

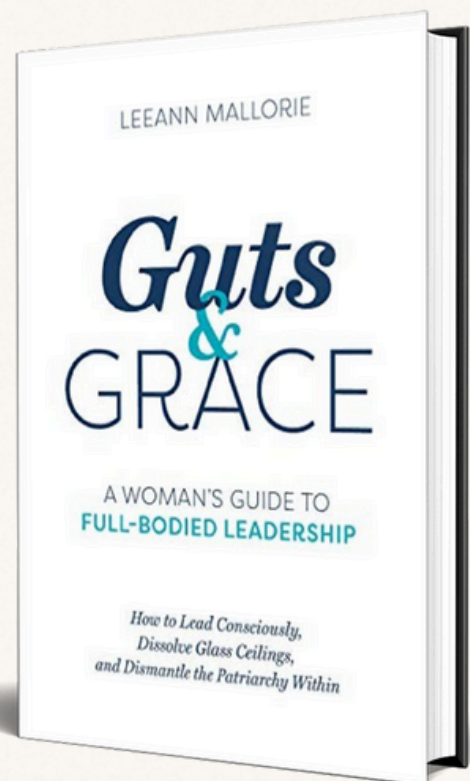
A WOMAN'S GUIDE TO FULL-BODIED LEADERSHIP

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PRAISE FOR *GUTS & GRACE*

"*Guts and Grace* is a brave, bold invitation into a new paradigm for women's leadership—one that values wholeness, the wisdom of the body, deep listening, reflection, and authentic action. Each chapter contains simple, yet powerful, daily practices designed to deepen the important work of connecting with our innermost truth."

— Eileen Fisher, founder and co-CEO of EILEEN FISHER, Inc.

"*Guts and Grace* is for women leaders who aren't just about winning the rat race but determined to change the game. LeeAnn Mallorie offers a roadmap to authentic, innovative, purpose-driven leadership that will help organizations become great places to work for all."

— Michael C. Bush, CEO of Great Place to Work

"The journey of leadership isn't just about getting things done—it's about how you treat yourself and everyone else in the process. In *Guts and Grace*, LeeAnn Mallorie lays out how to be a successful leader with raw power and drive as well as genuine self-acceptance and resilience. For you, your team, and everyone you impact."

— Sheryl O'Laughlin, former CEO of REBBL and Clif Bar & Company

How can it be that companies' best efforts to advance women in the workplace are still falling short? In *Guts and Grace*, LeeAnn Mallorie addresses common themes that women leaders at all levels still grapple with today: confidence, executive presence, balance, joy, intuition, saying no, purpose, conflict avoidance, and more. She reveals the thirteen pervasive societal myths that can make these desires feel impossible to achieve, and then teaches concrete, embodied practices that bring each theme to life. Her playful weaving of these modern and ancient teachings will take you on a journey of unexpected and necessary evolution—one that is required for any woman who is committed to making a bigger impact without losing herself or her critical stakeholders along the way. *Guts and Grace* is your roadmap on how to step out of internalized, patriarchal programming—from the inside out—and finally bring your whole self to work.